

**TOOLS & TECHNIQUES:** Embracing Our Righteousness in Christ  
 Meditate on the truths presented in the chart below, rehearsing them frequently until they penetrate deep down into your mind, will and emotions.

POSITION	EMOTIONS	ACTIONS	RELATIONS
<b>By faith in the finished work of Jesus, I embrace:</b>	<b>I pray that the Holy Spirit would:</b>	<b>Bless my eyes, Lord, so I might see the truth that:</b>	<b>Develop in me a heart attitude that imitates God in every relationship and circumstance:</b>
God's free gift of righteousness (Rom 5:17)	Cause the truth of my position in Christ to penetrate my emotions until it is more real to me than any guilt or shame that the Accuser would want me to feel (Col 1:22)	My old sin life has been crucified and has no power over me (2 Cor 5:17, Gal 2:20)	Give me a heart to bless as a secure child of God (Heb 3:13)
My position as a Child of God (Jn 1:12)	Lead my emotions to a place of complete rest as I depend on the sufficiency of the blood of Jesus to make me righteous in God's sight (2 Cor 5:21)	I have the nature of God within me that gives me the energy and desire to live in His will and ways (Phil 2:13)	Turn my eyes away from a focus of self-absorption (Col 3:1-2, 23)
The truth that nothing I do right today makes me any more pleasing to God (Eph 2:8-9)	Fill my emotions with joy and peace as I embrace the acceptance and delight of my Father (1 Jn 3:20-21)	The flesh does not profit and following my way only brings death into my situation (Rom 8:6)	Set me free from: --striving to impress others -trying to earn the approval of God & man -criticizing & judging -absorbing criticism and judgment (Rom 14)
The truth that, as God's child, nothing I do wrong can sever my relationship with Him (Heb 13:5)	Make the core of my identity to be a beloved child of God (Rom 8:16)	The Spirit brings life, light and love into my circumstances (Jn 6:63)	Allow me to see others as You see them, accepting and loving them unconditionally (Rom 15:7)
The truth that nothing I do wrong makes me any less invited into the presence of God (Heb 4:16, 10:14)	Give me a sense of security in my identity as God's child (1 Jn 3:1; Jn 15:11ff)	I am free to choose life in each and every situation by the power of God's Spirit (Rom 6:6, Dt 30:19)	Give me the grace and wisdom to give to others in the way, timing, and amount that will truly bless them and that they will be able to receive (Rom 12:10, Gal 5:13)