

I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. APPLICATION AIDS

A. Lesson Review: Take some time to go over your class notes from Tuesday. Write out the main ideas and your personal applications for each section of the message. Look up the scriptures referenced on the outline and write out the ones that are particularly meaningful to you. Ask God to make your One Thing a reality in your life this week.

B. Examine your life for goals that get in the way of having victory in your relationships:

- For people to see it my way
  - For people to do it my way
  - For them to like me
  - For them to understand me
  - To be right
  - To be in control of the situation
  - To feel their approval
  - For them to give me more
  - For them to leave me alone
  - To fix the situation
  - To change the people involved
  - To avoid feeling alone, misunderstood, or rejected
  - To alleviate stress, pain, or exposure
  - For there to be peace at any price
- Visualize yourself eliminating each of these goals in the places they crop up in your life. Once that picture is in mind for each situation, try to imagine what your relationships would look like if this were so. Journal about your insights:

- Ask God to make this vision a reality in your closest relationships. Write a prayer telling God you are counting on Him to give you growth and victory:

C. Pray, bringing your key people before the Lord. Ask Him to identify specific ways that you can grow in relating using the principles we studied this week from Philippians 1:3-11. Record your applications in the space provided:

➤ Fellowship

➤ Faithfulness

➤ Feelings

D. Meditate on this passage in which Jesus describes the kind of love that brings Him glory: Lk 6:35ff AMP--But love your enemies and be kind and do good [doing favors so that someone derives benefit from them] and lend, expecting and hoping for nothing in return but considering nothing as lost and despairing of no one; and then your recompense (your reward) will be great (rich, strong, intense, and abundant), and you will be sons of the Most High, for He is kind and charitable and good to the ungrateful and the selfish and wicked. So be merciful (sympathetic, tender, responsive, and compassionate) even as your Father is [all these]. Judge not [neither pronouncing judgment nor subjecting to censure], and you will not be judged; do not condemn and pronounce guilty, and you will not be condemned and pronounced guilty; acquit and forgive and release (give up resentment, let it drop), and you will be acquitted and forgiven and released. Give, and [gifts] will be given to you; good measure, pressed down, shaken together, and running over, will they pour into [the pouch formed by] the bosom [of your robe and used as a bag]. For with the measure you deal out [with the measure you use when you confer benefits on others], it will be measured back to you.

➤ Identify any issues that you have with the people in your life that you may not have completely resolved based on the Scripture passage above:

➤ Process these issues in prayer until you can say with integrity that God has given you victory in each situation. Keep a record of your experience: