I. ONE THING—The One Thing that I'd like to take away from today's lesson and believe God to accomplish in my life is:

II. APPLICATION AIDS

- A. <u>Lesson Review</u>: Take some time to go over your class notes from Tuesday. Write out the main ideas and your personal applications for each section of the message. Look up the scriptures referenced on the Yellow Pages handout and write out the ones that are particularly meaningful to you. Ask God to make your One Thing a reality in your life this week.
- B. <u>Study</u> the handout "Tools & Techniques: Embracing Our Righteousness in Christ."
 - 1. Take note of which truths are rock-solid for you and which ones are difficult to accept and enjoy at a deep level.

2. Journal about any lies, memories, hurts, or unbelief that come to the surface.

- ➤ Use this resource and/or the verses that it cites often in order to solidify the fundamentals of victory in your life.
- C. <u>Prayerfully consider</u> how you are currently applying the following principles. As you wait before the Lord, allow Him to show you specific ways that you can know Him and His victory in new dimensions. Record these insights in the space provided:
 - 1. Resting in the finished work of Jesus
 - 2. Fellowshipping with Him through prayer

- 3. Fellowship through His Word
- 4. Forgetting past failures and regrets
- 5. Forgetting fleshly ways
- 6. Flushing Old Values Systems
- D. <u>Take inventory</u> in the week ahead. Use the list below as a starting point for identifying barriers keeping you from your goal of knowing Jesus. Be on the alert for thoughts, words, and behaviors that are inconsistent with that goal. Keep a list of the barriers you spot as well as the victories you experience here or in your spiritual journal. Be on the lookout for:
 - Thoughts and feelings contrary to the truth (esp. about victory or defeat).
 - The spirit of the world creeping into your values system.
 - Putting confidence in the flesh instead of waiting for the direction and power of the Holy Spirit.
 - Rehearsing past failures, regrets, or offenses.
 - Fear and anxiety about potential pain, shame, or getting "it" wrong.
 - Not trusting God wholeheartedly due to bitterness, hurt, or hardness of heart.
 - Other

Insights: