TOOLS AND TECHNIQUES:

Study what the following names reveal about the character and capability of your God. Apply them to your specific circumstances through praise and prayer.

## Adonai – "Master" or "Lord"

Emphasizes man's relationship to God as his master, authority, and provider Josh. 5:13-15-- And it came to pass, when Joshua was by Jericho, that he lifted his eyes and looked, and behold, a Man stood opposite him with His sword drawn in His hand. And Joshua went to Him and said to Him, "Are You for us or for our adversaries?" **14** So He said, "No, but as Commander of the army of the Lord I have now come." And Joshua fell on his face to the earth and worshiped, and said to Him, "What does my Lord (Adonai) say to His servant?" **15** Then the Commander of the Lord's army said to Joshua, "Take your sandal off your foot, for the place where you stand is holy." And Joshua did so. **Father...I bow before You, for You are my Adonai.** 

## Elohim – "Strong One"

Describes God as Creator, Preserver, Transcendent, Mighty and Strong

<u>Gen 1:1</u>-- In the beginning (Elohim) God created the heavens and the earth.

<u>Jer 32:27</u>-- "Behold, I am the Lord, the God of all flesh. Is there anything too hard for Me?" Father, in the areas that are just so difficult, I pray for You to create answers filled with Your infinite power, done in Your absolute faithfulness to me. I bless You as You are my keeper. Keep my heart, home, and life in Your very able hands. In the beginning Elohim...and now in this minute I call upon Elohim.

# El Elyon – "The Most High God"

Represents God's strength, sovereignty, and supremacy

<u>Ps 97:9</u>-- For You are the LORD Most High (El Elyon) over all the earth; You are exalted far above all gods.

Father, I am so comforted to know that You are in charge of my heart, home, job, needs, children, ministry, etc. I put my hope in El Elyon, not in my boss, earthly people or circumstances. I call on El Elyon, touch my mind, will, and emotions with a fresh breath of awareness that my loving and wise El Elyon is on the scene right now. No one can hold You back!

## El Roi – "The God Who Sees Me"

Reminds us that God knows everything about us

<u>Gen. 16:13-14</u> – (Upon encountering the Lord in the desert as she ran from her mistress, Sarai, who was mistreating her) Hagar gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen the One who sees me." That is why the well was called Beer Lahai Roi [the "well of the Living One who sees me"].

Father, I am astounded as I am reminded that You are the God who numbers the hairs on my head. I lift my eyes to El Roi who sees me, knows everything about me, and loves me perfectly. I am comforted knowing that You know my circumstances, past, present, and future. Thank You that You see it all and know it all, so I don't need to!

## El Shaddai – "God All Sufficient"

Speaks of God's loving supply and comfort

<u>Ps 91:1</u>-- He who dwells in the secret place of the Most High Shall abide under the shadow of the (El Shaddai) Almighty.

I cast my cares to the All Sufficient One (El Shaddai) who is able to do exceedingly abundantly beyond all that I ask or even think to ask in every situation I will ever face! Hallelujah!

#### Immanuel – "God With Us"

Represents the relational aspect of God and reminds us of the sacrifice He made to bridge the gap between us and Himself created by our sin

<u>Matt. 1:23</u> – "The virgin will be with child and will give birth to a son, and they will call him Immanuel" — which means, "God with us."

<u>Ps. 139:7-10</u> -- Where can I go from Your Spirit? Where can I flee from Your presence? **8** If I go up to the heavens, You are there; if I make my bed in the depths, You are there. **9** If I rise on the wings of the dawn, if I settle on the far side of the sea, **10** even there Your hand will guide me, Your right hand will hold me fast.

Immanuel, You were not content to sit in heaven and communicate with us from afar. You put aside divinity to embrace humanity...because You so loved me. I am strengthened in knowing that I have a Savior who was tempted in every way that I could be tempted, yet You did not sin. Be with me here. Be with me now, my Lord Immanuel.

#### <u>Jehovah-Jireh</u> – "The Lord Will Provide"

Announces that God always provides, adequate when the time comes

<u>Gen. 22:8, 14</u>-- And Abraham said, "My son, God will provide for Himself the lamb for a burnt offering"...And Abraham called the name of the place, The-Lord-Will-Provide. (Jehovah-Jireh) Oh Father of Abraham, Who is the same God of me today, be my Jehovah-Jireh. Provide for me exactly what I need and everything that I need...mentally, emotionally, and spiritually. May I truly believe that my God is indeed my full provider. I receive all things from You...Jehovah-Jireh!

#### Jehovah-Nissi – "The Lord Our Banner"

Stresses that God is our rallying point and our means of victory; the One who fights for His people

Ex. 17:15-- And Moses built an altar and called its name, (Jehovah-Nissi) The-Lord-Is-My-Banner.

Ex. 14:14-- "The Lord (Jehovah-Nissi) will fight for you; while you keep silent."

Jehovah-Nissi...even while I sleep You are on duty fighting for me. Remind me when I feel it's up to me to speak, defend, excuse, blame, convince, anyone...that Jehovah-Nissi is and will fight for me as I am quietly trusting my cause to You.

#### <u>Jehovah-Rohi</u> – "The Lord My Shepherd"

Pictures the Lord as the Shepherd who cares for His people as a shepherd cares for the sheep of his pasture.

Ps. 23:1 — The Lord is my shepherd (Jehovah-Rohi); I shall not want.

Jehovah-Rohi is my shepherd, I SHALL NOT WANT. Jehovah-Rohi, I right now look to You to guide me through my day, week, month, and year. I look to You to be right beside me in all that comes my way and I KNOW that You will lead me through the deserts, valleys, over mountains, and across all plains. Worthy is Jehovah-Rohi.

#### <u>Jehovah-Rophe</u> – "The Lord Who Heals"

Implies God's healing of body, soul and spirit; all levels of man's being

<u>Ex. 15:23-26</u>— Now when they came to Marah, they could not drink the waters of Marah, for they were bitter...24 And the people complained against Moses, saying, "What shall we drink?" 25 So he cried out to the Lord, and the Lord showed him a tree. When he cast it into the waters, the waters were made sweet...26 and said, "If you diligently heed the voice of the Lord your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord (Jehovah-Rophe) who heals you."

Jer. 30:17—'For I will restore health to you and heal you of your wounds,' says the Lord.

Jehovah-Rophe touch my body, soul, and my spirit...make all bitter waters within and without me, fresh by Your hand.

Jehovah-Shalom – "The Lord Our Peace"

Points to the Lord as the means of our peace and rest

"Shalom" means that kind of peace that results from being a whole person in right relationship to God and to one's fellow man.

<u>Judges 6:22-24</u>— Now Gideon perceived that He was the Angel of the Lord. So Gideon said, "Alas, O Lord God! For I have seen the Angel of the Lord face to face." **23** Then the Lord said to him, "Peace be with you; do not fear, you shall not die." **24** So Gideon built an altar there to the Lord, and called it The-Lord-Is-Peace. (Jehovah-Shalom)

God, just as You took Gideon's heart from fear to peace by Your presence, I pray that I will know today that I really am "ok" and I do not have to fear because You are my Jehovah-Shalom. May I know rest today and peace in my soul as I trust afresh Jehovah-Shalom.

## Jehovah-Shammah - "The Lord is There"

Portrays the Lord's personal presence

Ezek 48:35-- and the name of the city from that day shall be: (Jehovah-Shammah) THE LORD IS THERE."

<u>Isa. 43:2</u>-- "When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze."

Oh Jehovah-Shammah, what amazing grace that no matter what I face, You are there. When I walk through ANYTHING I don't have to fear being alone in it...That no matter what comes my way...Jehovah-Shammah is already there with me...every second...every step of the way.

## Jehovah-Tsidkenu – "The Lord Our Righteousness"

Denotes the Lord as the means of our righteousness

<u>Jer 23:5-6</u>— "Behold, the days are coming," says the Lord, "That I will raise to David a Branch of righteousness; A King shall reign and prosper, and execute judgment and righteousness in the earth. **6** In His days Judah will be saved, And Israel will dwell safely; now this is His name by which He will be called: (Jehovah-Tsidkenu) THE LORD OUR RIGHTEOUSNESS.

# Oh Jehovah-Tsidkenu, be righteous in me and through me. I bless You, my Lord, my righteousness. I yield my heart, mind, body, and soul to Jehovah-Tsidkenu.

### Jehovah-Tsuri – "The Lord My Rock"

Represents God's permanence, protection and enduring faithfulness

Ps. 144:1 – Praise be to the Lord my Rock, who trains my hands for war, my fingers for battle.

Ps. 28:1 – To You I call, O LORD my Rock; do not turn a deaf ear to me. For if You remain silent, I will be like those who have gone down to the pit.

Jehovah-Tsuri, Your plans stand firm throughout history and You have a plan for me. You are the only One I can always count on. You are My Rock and the only solid ground. I cry out to You knowing that You hear me. Rescue me from all trouble and make steady the shaky places in me.