

TOOLS AND TECHNIQUES:

Spiritual Blessings

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

Ephesians 1:3

No matter what issue you are facing, the spiritual blessings that are stored up for you in Christ Jesus can be your experience by faith. Here's how:

- Examine the list of spiritual blessings that God promises to you.
- Choose one that ministers the most to your current place of need.
- Look up the scriptures that accompany each blessing.
- Pray, asking God to make these verses your experience.
- Watch and wait for Him to fulfill His word in the days ahead.
- Write it down each time you experience this truth in your life.

Blessing—Gen 12:2-3, Dt 11:26-27, Dt 23:5, Ps 31:19, Jer 17:7, Ezek 34:26-27, Jn 1:16

Comfort—Ps 91:1-4, Ps 147:3, Is 51:12, Is 66:13-14, 2 Cor 1:3-5

Completion—1 Cor 1:4-9, Phil 1:6, Heb 10:14, Heb 13:20-21

Forgiven Sin—2 Chron, 7:14, Ps 32, Is 55:7, Ezek 18:21, 1 Jn 1:9

Forgotten Sin—Ps 103:12, Is 38:17, Is 43:25, Mic 7:18, Heb 10:17, Jude 1:24-25

Hope—Ps 119:41-50, Lam 3:21-22, Rom 5:1-5, 1 Pt 1:3, 21

Joy—Ps 21:6, Ps 30:11-12, Ps 92:4, Is 61:1-2, Heb 1:9

Love—Is 54:10, Jer 31:3, Rom 5:5, Rom 8:38-39, Eph 3:18-19

Newness—Is 43:18-19, Rom 7:6, 25, 2 Cor 5:17, Rev 22:5

Peace—Ps 85:8, Pr 16:7, Jn 14:27, Rom 5:1, Rom 8:6, Eph 2:13

Presence of God—Ps 100:4, Is 12:6, 2 Cor 6:16, Heb 13:5, Jm 4:8

Promise of Good—Gen 50:20, Ps 23:6, Ps 73:1, Rom 8:28-29

Restoration—Ps 40:2, Ps 51:12, Ps 71:20-21, Joel 2:23-27

Security—Ps 9:10, Ps 16:8, Ps 62:1-2, Pr 10:9, Jer 33:6

Significance—Ps 139:13-14, Is 43:4, Is 49:15-16, Eph 2:10, 1 Jn 3:1

Strength—Ps 73:26, Is 41:10, 2 Cor 12:9, Eph 3:16, 2 Sam 22:33-34

Victory—Psalm 60:12, Jn 16:33, Rom 8:37, Rom 16:20, 1 Cor 15:57, 1 Jn 5:4-5

Voice of Truth—Ps 32:8, Ps 37:3-4, Is 30:20-21, Jn 10:27, Jm 1:5

As you pray about your issue, ask God to give you other promises from His Word that are specific and personal. With an expectant heart, ask Him to fulfill these promises in His perfect way and timing.