HOW	RFI ATI	ONSHIPS	WORK.	Frustration	to Freedom
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11/18/14

I. <u>ONE THING</u>—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. MEDITATION

- A. Review your class notes from Tuesday.
 - Take some time to think about the main ideas of the lesson. If you want to add details to your notes, you'll find the audio message on our website under the Resources tab. (www.DivineDesignDiscipleship.com).
 - Which of the scriptures referenced were particularly meaningful to you? Write out those verses below and spend some time studying them this week.

B. Rewrite your One Thing into a prayer, expressing your heart's desire for God to make this truth become your experience.

III. PERSONALIZATION

A. <u>Meditate on these passages</u> and ask God for wisdom, insight, and revelation that will allow you to take back territory from the enemy and find fulfillment and freedom in His kingdom instead:

1. Desire to Fulfillment:

James 1:9-25, selected AMP-- Let the brother in humble circumstances glory in his elevation [as a Christian, called to the true riches and to be an heir of God], and the rich [person ought to glory] in being humbled [by being shown his human frailty], because like the flower of the grass he will pass away...12 Blessed (happy, to be envied) is the man who is patient under trial and stands up under temptation, for when he has stood the test and been approved, he will receive [the victor's] crown of life which God has promised to those who love Him. Let no one say when he is tempted, I am tempted from God; for God is incapable of being tempted by [what is] evil and He Himself tempts no one. But every person is tempted when he is drawn away, enticed and baited by his own evil desire (lust, passions). Then the evil desire, when it has conceived, gives birth to sin, and sin, when it is fully matured, brings forth death.

16 Do not be misled, my beloved brethren. Every good gift and every perfect (free, large, full) gift is from above; it comes down from the Father of all [that gives] light, in [the shining of] Whom there can be no variation [rising or setting] or shadow cast by His turning [as in an eclipse].18 And it was of His own [free] will that He gave us birth [as sons] by [His] Word of Truth, so that we should be a kind of firstfruits of His creatures [a sample of what He created to be consecrated to Himself].

19 Understand [this], my beloved brethren. Let every man be quick to hear [a ready listener], slow to speak, slow to take offense *and* to get angry. For man's anger does not promote the righteousness God [wishes and requires]. So get rid of all uncleanness and the rampant outgrowth of wickedness, and in a humble (gentle, modest) spirit receive *and* welcome the Word which implanted *and* rooted [in your hearts] contains the power to save your souls...

25 But he who looks carefully into the faultless law, the [law] of liberty, and is faithful to it and perseveres in looking into it, being not a heedless listener who forgets but an active doer [who obeys], he shall be blessed in his doing (his life of obedience).

Rom 6:11-14 NLT--You should consider yourselves dead to sin and able to live for the glory of God through Christ Jesus. Do not let sin control the way you live; do not give in to its lustful desires. Do not let any part of your body become a tool of wickedness, to be used for sinning. Instead, give yourselves completely to God since you have been given new life. And use your whole body as a tool to do what is right for the glory of God. Sin is no longer your master, for you are no longer subject to the law, which enslaves you to sin. Instead, you are free by God's grace.

<u>1 Cor 6:12 NAS</u>--All things are lawful for me, but not all things are profitable. All things are lawful for me, but I will not be mastered by anything.

Insights:

2. Frustration to Freedom:

Pr 13:12 NAS-- Hope deferred makes the heart sick, but desire fulfilled is a tree of life.

Rom 8:5-8 Phillips-- The carnal attitude sees no further than natural things. But the spiritual attitude reaches out after the things of the spirit. The former attitude means, bluntly, death: the latter means life and inward peace. And this is only to be expected, for the carnal attitude is inevitably opposed to the purpose of God, and neither can nor will follow his laws for living. Men who hold this attitude cannot possibly please God.

Mt 12:25-- Every kingdom divided against itself is brought to desolation, and every city or house divided against itself will not stand.

Mt 16:19 NLT-- I will give you the keys of the Kingdom of Heaven. Whatever you forbid on earth will be forbidden in heaven, and whatever you permit on earth will be permitted in heaven."

<u>Jn 10:10</u>—The thief comes to steal, kill and destroy. I have come that you might have life and have it abundantly.

<u>Heb 12:1-3 NIV</u>-- Let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Insights:

C. Identify those areas where you are yet to know God by experience. Use the handout "Tools & Techniques: Obstacles to Freedom" and the diagram below to reveal anything blocking the flow of God's love and power. Reach out to your group leader or a prayer partner to stand in the gap with you if you need help.

KOG Portion: Know God, agree, align, & partner with Him → desire realized Poverty Places: Controlled by lies, lusts, unholy agreements → lose hope & heart

Kingdom of God: plenty, blessing, liberty	Kingdom of World: poverty, bondage	
My Inheritance or Portion	My Poverty Places	
Jesus Rev 3:20	Me Mt 16:19	

- D. Continue to grow in your relationship with God by applying these principles:
 - Whenever you face a situation that requires protection, provision or guidance, focus on the Father heart of God and your identity as a Flawed, Forgiven, Favored child of God. Stop and pray, asking the Lord what specific faith steps to take in order to connect to Him and His amazing favor toward you.
 - Keep examining your life for a Poverty Mindset or problem-oriented thinking. In the hard places of your life, look for these characteristics:

> "I have to" vs. "I get to" attitude

Blaming

Barricades

Bitterness

Bellyaching

Buts

- Maintain connection with God by applying "The Middle of the Page" listening exercise whenever you sense distance between you and Him: "Is there anything causing separation or disconnection between us right now, Lord?"
- Practice receiving and welcoming a particular Fruit of the Spirit every time a negative thought or emotion confronts you. Ask the Holy Spirit what He wants to be TO you in that moment. Receive His provision. Then ask Him to be that same thing THROUGH you to the people and circumstances involved.
- Deepen your intimacy with God by rejoicing in Him. Take time each day to offer Him thanksgiving and praise.
- Learn to find joy in waiting on God. Remember that He has more in store for you than just a resolution to your issue. Pray and praise as you wait. Be sure to keep a record of His faithfulness and tell others of all that He is doing.
- At the beginning of your day, take a few minutes to connect with God: Proverbs 8:34 NAS--Blessed is the man who listens to me, watching daily at my gates, waiting at my doorposts.