

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. MEDITATION

A. Review your class notes from Tuesday.

- Take some time to think about the main ideas of the lesson. If you want to add details to your notes, you'll find the audio message on our website under the Resources tab. ([www.DivineDesignDiscipleship.com](http://www.DivineDesignDiscipleship.com)).
- Which of the scriptures referenced were particularly meaningful to you? Write out those verses below and spend some time studying them this week.

B. Rewrite your One Thing into a prayer, expressing your heart's desire for God to make this truth become your experience.

### III. PERSONALIZATION

#### A. Change your mind for the better, seeking to gain God's perspective about time.

- Evaluate a typical week in your life. Look for evidence of the 2 types of time:
  - Chronos
    - The time of clocks and calendars
    - Based on the Greek deity that ate his children
    - Characterized by being consuming, taxing, driving, and ephemeral
    - Example: hamster on a wheel
  - Kairos
    - Time that is rich with purpose, an opportunity
    - This type of time is intentional and redemptive, yet full of interruptions
    - Example: the life of Jesus
- How do these varieties of time show up in your thought life and in the actual days of your life?
  
  
  
  
  
  
  
  
  
  
- Meditate on these Scriptures several times this week.
  - Lk 11:34-36 MSG-- If you live wide-eyed in wonder and belief, your body fills up with light. If you live squinty-eyed in greed and distrust, your body is a dank cellar. Keep your eyes open, your lamp burning, so you don't get musty and murky. Keep your life as well-lighted as your best-lighted room."
  - Prov 11:24 MSG-- The world of the generous gets larger and larger; the world of the stingy gets smaller and smaller.
  - 2 Cor 8:5 NIV-- They did not do as we expected, but they gave themselves first to the Lord and then to us in keeping with God's will.
  - Prov 13:7 AMP--One man considers himself rich, yet has nothing [to keep permanently]; another man considers himself poor, yet has great [and indestructible] riches.
  - 1 Pt 1:3 NLT--Now we live with a wonderful expectation because Jesus Christ rose again from the dead.
  - 1 Pt 1:3-4 MSG--Because Jesus was raised from the dead, we've been given a brand-new life and have everything to live for, including a future in heaven - and the future starts now!
  - Zech 14:20-21 NAS-- In that day there will be inscribed on the bells of the horses, "Holy to the Lord." And the cooking pots in the Lord's house will be like the bowls before the altar. Every cooking pot in Jerusalem and in Judah will be holy to the Lord of hosts.
- Apply these verses to the topic of time. How does your current thinking about time line up with the truths they express?

- B. Continue to strive diligently to enter God's perfect peace and rest by examining your reactions and responses to recent circumstances. Apply the following strategies and record what happens in the space provided:
- Calculate the cost of adopting God's view of time. How far are you willing to go to apprehend God's promise of peace and rest?
  
  - Maintain vigilance as you seek God's freedom from habits of thinking and doing that don't lead to rest or peace. Ask Him to identify triggers and reward systems that are keeping you stuck:
  
  - Retreat into the Secret Place of God's presence when you need refreshment. Discover His rest as you listen to His voice. Record one instance where you went to Jesus, listened, and His peace was your experience
  
  - Persevere in your awareness campaign regarding mindsets that are keeping you from entering God's rest. Ask God to renew your mind with the truths of His Word. Give an example from your week and how it impacted you:
  
  - Be alert for any voices that are influencing your ability to rest. Are there any voices that seem to be particularly constant or distracting to you?
- C. Keep a written record of all that God is teaching you in your notebook or spiritual journal. Come to class ready to share your experiences!