

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. APPLICATION AIDS

A. MEDITATION

1. Think about your One Thing from this week's lesson. Ask yourself and ask the Lord what it would look like for this truth to be integrated into your life. Record your thoughts here:

B. PRAYER

1. Bring your petitions to God, asking Him for His care and protection. Use these verses as a model for your prayers:
 - Ps 17:8-- Keep me as the apple of Your eye; hide me under the shadow of Your wings
 - Ps 57:1 AMP—Be merciful and gracious to me, O God, be merciful and gracious to me, for my soul takes refuge and finds shelter and confidence in You; yes, in the shadow of Your wings will I take refuge and be confident until calamities and destructive storms are passed.
 - Ps 61:4 NCV-- Let me live in your Holy Tent forever. Let me find safety in the shelter of your wings. Selah
2. Release faith by meditating on these Scriptures and by thanking the Lord that He has you covered:
 - Ps 91:4-- He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler.
 - Jn 16:33 AMP-- I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]
3. Think of a situation where you long for more wisdom and insight.
 - a. Set aside some time this week to sit at Jesus' feet. Ask Him to use His Word and His Spirit to counsel you.
 - b. Seek out a godly, trustworthy individual that God has raised up in your life. Ask them to join you in seeking the Lord about your issue.
 - c. Ask yourself: Am I committed to follow the counsel I receive?

Insights:

4. Draw near to God in a place where you are uncertain or hurting. Pray that you will experience the comfort that comes when you experience His fellowship in this place of suffering:

Is 30:18 AMP--The Lord [earnestly] waits [expecting, looking, and longing] to be gracious to you; and therefore He lifts Himself up, that He may have mercy on you *and* show loving-kindness to you. For the Lord is a God of justice. Blessed (happy, fortunate, to be envied) are all those who [earnestly] wait for Him, who expect *and* look *and* long for Him [for His victory, His favor, His love, His peace, His joy, and His matchless, unbroken companionship]!

C. THE WORD: Continue to renew your thoughts about God and your circumstances. Use the Scriptures given in class and on the worksheets to deepen your understanding about the principle of redemption:

- Begin your day by asking the Lord to continue to help you believe for and recognize His goodness and generosity in your day. Ask Him to remind you to reflect on the evidence of His lovingkindness when the day is over.
- Start with the verses from class and the worksheets to build your faith in God's redeeming power. Apply them to the specific situations where you are asking God to intervene.
- Spend time with the Lord and your Bible. Ask Him for additional promises, personal words that bring more faith and vision to your issue.
- Appropriate the promises. Pray them back to God, asking Him to make them your experience. Thank Him that He always keeps His Word.
- Ask God for concrete action steps you can take to make at least one of these promises your experience. Ask Him to remind and empower you to take these steps when the opportunity arises this week. List them here:
- Keep a written record of the things God reveals to you and His redemptive work in your life.
- Be ready to share what God is doing in your life. Be encouraged by walking alongside others who are seeking to know God as Redeemer.