

- I. ONE THING—The One Thing that I'd like to take away from today's class and believe God to accomplish in my life is:

II. APPLICATION AIDS

A. MEDITATION

1. Think about your One Thing from this week's lesson. Ask yourself and ask the Lord what it would look like for this truth to be integrated into your life. Record your thoughts here:
 2. Meditate on these truths and record your insights:
 - a. Repent—to go back, to return to the highest perspective, to see things as God sees them, to think about them as He does
 - Mt 4:17 AMP-- Repent (change your mind for the better)...for the Kingdom of God is at hand
 - Rom 12:2 NLT-- Let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is.
 - Insights:
 - b. Relationship
 - Heb 12:6-7 MSG-- It's the child he loves that he disciplines; the child he embraces, he also corrects. God is educating you; that's why you must never drop out. He's treating you as dear children. This trouble you're in isn't punishment; it's training
 - Ps 119:75 NLT--I know, O Lord, that your decisions are fair; you disciplined me because I needed it.
 - Insights:

- c. Redeem-- to buy back; to change for the better; to exchange for something of value; to make good: fulfill; to free from what distresses or harms; to help to overcome something detrimental; to release from blame or debt: clear; to free from the consequences of sin; to remove the obligation of by payment; to offset the bad effect of; to make worthwhile
- o Ps 130--Out of the depths I have cried to You, O Lord; 2 Lord, hear my voice! Let Your ears be attentive to the voice of my supplications. 3 If You, Lord, should mark iniquities, O Lord, who could stand? 4 But there is forgiveness with You, that You may be feared. 5 I wait for the Lord, my soul waits, and in His word I do hope. 6 My soul waits for the Lord more than those who watch for the morning-- yes, more than those who watch for the morning. 7 O Israel, hope in the Lord; for with the Lord there is mercy, and with Him is abundant redemption. 8 And He shall redeem Israel from all his iniquities.
- o Insights:

B. APPLICATION

1. PRAYER: Apply the principle of redemption in prayer to those circumstances that are the result of poor choices. Use the truths below to guide you:
 - a. Acknowledge poor choices that have had painful consequences:
 - o Identify one situation where you or someone else made a decision that is negatively impacting you today. Bring it to God in prayer, asking Him for specific steps to take to begin the process of redemption (forgive, grieve, release, accept, etc.):
 - b. Arise just as Naomi did. Cry out to God as you repent and return to Him:
 - o Lam 2:19 NLT-- Arise, cry out in the night, at the beginning of the watches; pour out your heart like water before the face of the Lord.
 - o “The method of cure prescribed is to address (ourselves) to God, and by a penitent prayer to commit (our) case to him, and to be instant and constant in such prayers...be thou upon thy knees, importunate with God for mercy...be free and full in prayer, be sincere and serious in prayer, open thy mind, spread thy case before the Lord...Prayer is a salve for every sore, even the sorest, a remedy for every malady, even the most grievous. And our business in prayer is not to prescribe, but to subscribe to the wisdom and will of God; to refer our case to him, and then to leave it with him.” (Matthew Henry)
 - o Insights:

- c. Ask Him to change your thinking and to intervene with His transforming power:
 - Ps 86:11 NIV-- Teach me your way, O Lord, and I will walk in your truth; give me an undivided heart, that I may fear your name.
 - Heb 13:20-21 NLT-- And now, may the God of peace, who brought again from the dead our Lord Jesus, equip you with all you need for doing his will. May he produce in you, through the power of Jesus Christ, all that is pleasing to him. Jesus is the great Shepherd of the sheep by an everlasting covenant, signed with his blood. To him be glory forever and ever. Amen.
 - In your own words, write a prayer to God. Ask for His mercy, grace, power, and love to come to bear on the situation you've identified:

- 2. THE WORD: Based on the Scriptures given in class and on the worksheets, let the principle of redemption change your view of God and your circumstances:
 - Continue to work through your list of situations where you want to invite God's redemptive intervention using the handout "Ruth, Worksheet 1." (available under the Resources tab at www.divinedesigndiscipleship.com)
 - Exchange your problems for God's promises:
 - Start with the verses from class and the worksheets to build your faith in God's redeeming power. Apply them to the specific situations where you are asking God to intervene.
 - Spend time with the Lord and your Bible. Ask Him for additional promises, personal words that bring more faith and vision to your issue.
 - Appropriate the promises. Pray them back to God, asking Him to make them your experience. Thank Him that He always keeps His Word.
 - Keep a written record of the things God reveals to you and His redemptive work in your life.
 - Be ready to share what God is doing in your life. Be encouraged by walking alongside others who are seeking to know God as Redeemer.